# **GYMNASTICS**

The Cobb Gymnastics Center offers all levels of instructional gymnastics classes for boys & girls ages 2 years through high school. Cheer Gymnastics classes are also offered.

Gymnastics Center Coordinator Hoylene Noble 770-528-8475 Hoylene.Noble@cobbcounty.org Aquatics / Gymnastics Manager: Bob McCallister 770-528-8471 Robert.McCallister@cobbcounty.org

number for on-line registration.

#### **FACILITIES**

The Cobb Gymnastics Center is located behind the Cobb Civic Center in the Larry Bell Fitness Complex at the intersection of South Marietta Parkway and Fairground Street.

Cobb Gymnastics Center 542 S Fairground Street SE Marietta, GA 30060 770-528-8475

Office hours: Monday-Friday 10:00 am -8:30 pm Saturday 9:00 am - 3:00 pm

Registration hours: Mon-Thur - 10:00 am - 6:30 pm

Fri - 10:00am – 5:00pm Saturday - 9:30 am – 1:00 pm All registration AFTER the start of a session must be done through the Gymnastics Center.

All NEW student registration must be done in person

at the Gymnastics Center, **OR** you may come by the Gymnastics Center office prior to the registration

date to be entered into our computer system and

receive your EZ-Reg Log-in ID number and your PIN

#### **ADA**

In order that the department assures compliance with the Americans with Disabilities Act, if you have a specific physical or service accessibility need, please make the staff who work with the program/ facility aware so that we can reasonably accommodate your need.

#### REGISTRATION

ON-LINE Registration begins at 2:00 PM on SUNDAY, March 4, 2012.

www.prca.cobbcountyga.gov

**PLEASE NOTE:** YOU MUST GET YOUR PIN and Login ID numbers **PRIOR** to the first day of registration. **NO** numbers can be given out the first day of registration.

WALK-UP Registration at the Gymnastics Center: begins 2:00–4:00 PM on SUNDAY, March 4, 2012. Registration will be taken through the second week of the session where space is available.

**TELEPHONE registration** begins the **MONDAY**, **March 5**, **2012**. Phone registration is taken Monday-Friday **10:00** a.m. to **3:00** p.m.

#### **Payment Methods**

Check, Money Order, Visa, MasterCard, Cash accepted. When paying in cash, please have EXACT change. Full payment must be made at the time of registration. (Please note: there is a \$25.00 charge on returned checks.)

#### **FEES**

45-minute classes \$ 8.00/class (Tumble Tots, Tumble Kids, Gym Kids)

55-minute classes \$ 10.00/class (Girls classes, Boys classes, Cheer classes)

1 ½- hour classes \$ 12.00/class (Girls Level 4; Girls Level 4, 5, 6; Boys Level 5)

2-hour classes \$ 14.00/class (Girls Level 4,5,6)

### **GENERAL INFORMATION**

#### **Student Age**

Child must meet age requirements of class within one month of the start of the class. **Any exceptions** to this must register in person at the Gymnastics Center.

#### **Class Cancellation**

Classes are subject to cancellation if fewer than 4 participants register.

#### **Make-up Classes**

All classes are fee-supported. We are unable to offer make-up classes or credits for missed classes.

#### **SPRING SESSION 2012 DATES**

March 16 - May 24

#### **NO CLASSES:**

Monday - Saturday April 2-7 Friday & Saturday May 4-5

Fees have been adjusted according to the number of classes on each day.

ON-LINE Registration opens at 2:00 p.m. on March 4.

WALK-UP Registration at the Gymnastics Center: 2:00-4:00 p.m. on March 4.

#### **DATES TO REMEMBER**

March 24	Cobb Cty. Special Olympics – 3:00 pm
April 2-7	Spring Break Week – NO classes
April 6	County Office Closed
May 4-5	NO classes
May 5-6	USA Gymnastics Special Olympics National Gymnastics Championships
May 12	Summer Session Gymnastics Class Registration – 3:00-5:00 pm
May 28	Memorial Day Holiday - Office Closed
June 4	Summer Gymnastics Session starts

## **PRESCHOOL CLASSES**

### Tumble Tots - age 2 - 3 1/2

Each child in the class must have one adult to work with him or her individually. No siblings are allowed in the class without a second adult. Children participate in fun locomotor, exploratory, and gymnastics activities.

Fees:	\$72.00	(\$97.00 Non-county resident)
53212	Mon	Mar 19-May 21 10:00-10:45 AM
53214	Tue	Mar 20-May 22 10:00-10:45 AM
53216	Thu	Mar 22-May 24 11:00-11:45 AM
		•
	\$64.00	(\$89.00 Non-county resident)
	\$64.00	,

#### **Tumble Kids 3 - age 3**

This class for boys and girls age 3 helps children develop locomotor, social, and listening skills through a variety of fun activities.

Fees: \$72.00 (\$97.00 Non-county resident)	
53170 Mon Mar 19-May 21 10:00-10:45 AM	
53171 Mon Mar 19-May 21 11:00-11:45 AM	
53172 Mon Mar 19-May 21 12:30- 1:15 PM	
53173 Mon Mar 19-May 21 3:30- 4:15 PM	
53174 Tue Mar 20-May 22 11:00-11:45 AM	
53175 Tue Mar 20-May 22 3:30- 4:15 PM	
53176 Tue Mar 20-May 22 4:30- 5:15 PM	
53177 Tue Mar 20-May 22 5:30- 6:15 PM	
53179 Wed Mar 21-May 23 3:30- 4:15 PM	
53180 Wed Mar 21-May 23 6:30- 7:15 PM	
53181 Thu Mar 22-May 24 3:30- 4:15 PM	
53182 Thu Mar 22-May 24 4:30- 5:15 PM	
Fees: \$64.00 (\$89.00 Non-county resident)	
53183 Fri Mar 16-May 18 11:00-11:45 AM	
53184 Fri Mar 16-May 18 3:30- 4:15 PM	
53185 Sat Mar 17-May 19 10:15-11:00 AM	
53186 Sat Mar 17-May 19 11:15 AM -12:00	PM
53187 Sat Mar 17-May 19 12:45- 1:30 PM	

# Tumble Kids 3/4 Combo - age 3 & 4

This class for boys and girls ages 3 and 4 helps children develop locomotor, social, and listening skills through a variety of fun activities and challenges.

Fees:	\$72.00	(\$97.00 Non-county resident)
53189	Tue	Mar 20-May 22 12:30- 1:15 PM
53191	Thu	Mar 22-May 24 12:30- 1:15 PM

### Tumble Kids 4 - age 4

This class for boys and girls age 4 helps children develop locomotor, social, and listening skills through a variety of fun activities and challenges.

Fees:	\$72.00	(\$97.00 Non-county resident)
53192	Mon	Mar 19-May 21 11:00-11:45 AM
53193	Mon	Mar 19-May 21 12:30- 1:15 PM
53194	Mon	Mar 19-May 21 3:30- 4:15 PM
53195	Mon	Mar 19-May 21 4:30- 5:15 PM
53196	Mon	Mar 19-May 21 5:30- 6:15 PM
53197	Tue	Mar 20-May 22 1:30- 2:15 PM
53198	Tue	Mar 20-May 22 4:30- 5:15 PM
53221	Tue	Mar 20-May 22 4:30- 5:15 PM
53199	Tue	Mar 20-May 22 6:30- 7:15 PM
53200	Wed	Mar 21-May 23 3:30- 4:15 PM
53201	Wed	Mar 21-May 23 4:30- 5:15 PM
53202	Thu	Mar 22-May 24 1:30- 2:15 PM
53203	Thu	Mar 22-May 24 3:30- 4:15 PM
53204	Thu	Mar 22-May 24 4:30- 5:15 PM
Fees:	\$64.00	(\$89.00 Non-county resident)
53205	Fri	Mar 16-May 18 12:30- 1:15 PM
53206	Fri	Mar 16-May 18 3:30- 4:15 PM
53207	Fri	Mar 16-May 18 4:30- 5:15 PM
53208	Fri	Mar 16-May 18 5:30- 6:15 PM
53209	Fri	Mar 16-May 18 6:30- 7:15 PM
53210	Sat	Mar 17-May 19 10:15-11:00 AM
53211	Sat	Mar 17-May 19 11:15 AM -12:00 PM
53219	Sat	Mar 17-May 19 12:45- 1:30 PM
53220	Sat	Mar 17-May 19 1:45- 2:30 PM

#### **5-YEAR OLD CLASSES**

#### Gym Kids - age 5

For boys & girls age 5. This class is an introduction to basic gymnastics positions, skills, and activities on all pieces of apparatus.

Fees:	\$72.00	(\$97.00 Non-county resident)
53227	Mon	Mar 19-May 21 3:30- 4:15 PM
53228	Mon	Mar 19-May 21 4:30- 5:15 PM
53229	Mon	Mar 19-May 21 5:30- 6:15 PM
53230	Mon	Mar 19-May 21 6:30- 7:15 PM
53231	Tue	Mar 20-May 22 3:30- 4:15 PM
53246	Tue	Mar 20-May 22 3:30- 4:15 PM
53232	Tue	Mar 20-May 22 4:30- 5:15 PM
53233	Wed	Mar 21-May 23 3:30- 4:15 PM
53234	Wed	Mar 21-May 23 4:30- 5:15 PM
53235	Wed	Mar 21-May 23 5:30- 6:15 PM
53236	Thu	Mar 22-May 24 3:30- 4:15 PM
53237	Thu	Mar 22-May 24 5:30- 6:15 PM
53238	Thu	Mar 22-May 24 6:30- 7:15 PM
Fees:	\$64.00	(\$89.00 Non-county resident)
53239	Fri	Mar 16-May 18 3:30- 4:15 PM
53240	Fri	Mar 16-May 18 4:30- 5:15 PM
53241	Fri	Mar 16-May 18 6:30- 7:15 PM
53242	Sat	Mar 17-May 19 9:15-10:00 AM
53243	Sat	Mar 17-May 19 11:15 AM -12:00 PM
53713	Sat	Mar 17-May 19- 12:45- 1:30 PM
53245	Sat	Mar 17-May 19 1:45- 2:30 PM

### **BOYS CLASSES**

### Boys Gymnastics - Level 1 - age 6-8

For boys ages 6-8. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, basic supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Fees:	\$90.00	(\$115.00 Non-county resident	t)
53263	Tue	Mar 20-May 22 3:30- 4:25 PM	
53264	Tue	Mar 20-May 22 4:30- 5:25 PM	
53265	Wed	Mar 21-May 23 3:30- 4:25 PM	
Fees:	\$80.00	(\$105.00 Non-county resident	t)
53266	Sat	Mar 17-May 19 1:45- 2:25 PM	

### Boys Gymnastics - Level 1 - age 6+

For boys ages 6 and up. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, basic supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Fees:	\$90.00	(\$115.00 Nor	n-county resident)
53279	Mon	Mar 19-May 21	6:30- 7:25 PM
53260	Thu	Mar 22-May 24	5:30- 6:25 PM

 Fees:
 \$80.00
 (\$105.00 Non-county resident)

 53261
 Fri
 Mar 16-May 18 5:30-6:25 PM

 53714
 Sat
 Mar 17-May 19 12:45-1:30 PM

# Boys Gymnastics - Level 1 - age 9+

For boys ages 9 and up. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls and handstands on floor, basic supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

**Fees:** \$90.00 (\$115.00 Non-county resident) 53268 Wed Mar 21-May 23 6:30-7:25 PM

### Boys Gymnastics - Level 2 - age 6+

For boys ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skills include handstands & cartwheels on floor, supports, swings, hangs, and casts on pommel horse, high bar, parallel bars, and rings.

Fees:	\$90.00	(\$115.00 Non-cou	nty resident)
53269	Mon	Mar 19-May 21 5:30	- 6:25 PM
53270	Tue	Mar 20-May 22 5:30	- 6:25 PM
53271	Wed	Mar 21-May 23 4:30	- 5:25 PM
53272	Thu	Mar 22-May 24 4:30	- 5:25 PM

**Fees:** \$80.00 (\$105.00 Non-county resident) 53273 Fri Mar 16-May 18 4:30- 5:25 PM

#### Boys Gymnastics - Level 3 - age 6+

For boys ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class introduces intermediate level skills on all pieces of apparatus. Skills include round-offs & handsprings on floor, supports, swings, leg swings, hangs, and circles on pommel horse, high bar, parallel bars, and rings.

 Fees:
 \$90.00
 (\$115.00 Non-county resident)

 53274
 Mon
 Mar 19-May 21
 4:30-5:25 PM

 53275
 Wed
 Mar 21-May 23
 5:30-6:25 PM

 Fees:
 \$80.00
 (\$105.00 Non-county resident)

53276 Fri Mar 16-May 18 6:30- 7:25 PM

# Boys Gymnastics - Level 4 - age 6+

For boys age 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class introduces advanced level skills in a progressive manner on all pieces of apparatus. Skills include handsprings & saltos on floor, scissor swings on pommel horse, handstands on parallel bars, large swings on high bar, and front supports on rings.

Fees: \$90.00 (\$115.00 Non-county resident) 53277 Thu Mar 22-May 24 6:30- 7:25 PM

### Boys Gymnastics - Level 5 - age 6+

For boys ages 6+. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues advanced level skills in a progressive manner on all pieces of apparatus. Skills include handstands and saltos on floor, scissor swings & circles on pommel horse, handstands on parallel bars, large swings on high bar, and supports on rings.

**Fees:** \$108.00 (\$133.00 Non-county resident) 53278 Tue Mar 20-May 22 6:30-7:55 PM

#### **GIRLS CLASSES**

#### Girls Gymnastics - Level 1 - age 6-8

For girls ages 6-8. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, walks & changes of level on balance beam, supports and casts on uneven bars, and running & board drills on vault.

Fees:	\$90.00	(\$115.00 Non-county resident)
53292	Mon	Mar 19-May 21 3:30- 4:25 PM
53293	Mon	Mar 19-May 21 5:30- 6:25 PM
53294	Tue	Mar 20-May 22 3:30- 4:25 PM
53296	Wed	Mar 21-May 23 3:30- 4:25 PM
53297	Wed	Mar 21-May 23 4:30- 5:25 PM
53298	Thu	Mar 22-May 24 3:30- 4:25 PM
53299	Thu	Mar 22-May 24 3:30- 4:25 PM
53300	Thu	Mar 22-May 24 4:30- 5:25 PM
Fees:	\$80.00	(\$105.00 Non-county resident)
53301	Fri	Mar 16-May 18 3:30- 4:25 PM
53302	Fri	Mar 16-May 18 4:30- 5:25 PM
53327	Fri	Mar 16-May 18 6:30- 7:25 PM
53303	Sat	Mar 17-May 19 9:15-10:10 AM
53304	Sat	Mar 17-May 19 10:15-11:10 AM

### Girls Gymnastics - Level 1 - age 6+

For girls ages 6 and over. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls & handstands on floor, walks & changes of level on balance beam, supports & casts on uneven bars, and running & board drills on vault.

Fees:	\$90.00	(\$115.00 Non-county resident)
53280	Mon	Mar 19-May 21 4:30- 5:25 PM
53281	Mon	Mar 19-May 21 7:30-8:25 PM
53289	Wed	Mar 21-May 16 4:30- 5:25 PM
53282	Wed	Mar 21-May 23 6:30- 7:25 PM
53283	Wed	Mar 21-May 23 6:30- 7:25 PM
53284	Thu	Mar 22-May 24 6:30- 7:25 PM
53290	Thu	Mar 22-May 17 6:30- 7:25 PM
53285	Thu	Mar 22-May 24 7:30- 8:25 PM
Fees:	\$80.00	(\$105.00 Non-county resident)
53286	Fri	Mar 16-May 18 5:30- 6:25 PM
53287	Sat	Mar 17-May 19 11:15 AM -12:10 PM
53288	Sat	Mar 17-May 19 1:45- 2:40 PM
53291	Sat	Mar 17-May 15 11:15 AM -12:10 PM

### Girls Gymnastics - Level 1 - age 9+

For girls ages 9 and up. This class introduces beginner level skills on all pieces of apparatus. Skills include rolls and handstands on floor, walks and changes of level on balance beam, supports and casts on uneven bars, and running & board drills on vault.

Fees:	\$90.00	(\$115.00 Non-county resident)
53305	Mon	Mar 19-May 21 6:30-7:25 PM
53306	Tue	Mar 20-May 22 5:30- 6:25 PM
Fees:	\$80.00	(\$105.00 Non-county resident)
53307	Sat	Mar 17-May 19 12:45- 1:40 PM

### Girls Gymnastics - Level 2 - age 6-8

For girls ages 6-8. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skills include handstands and cartwheels on floor, leaps, jumps, and locomotor movements on balance beam, back hip circles on uneven bars, and running & board drills on vault.

Fees:	\$90.00	(\$115.00 Non-county resident)
53330	Mon	Mar 19-May 21 3:30- 4:25 PM
53312	Mon	Mar 19-May 21 4:30- 5:25 PM
53313	Tue	Mar 20-May 22 4:30- 5:25 PM
53314	Wed	Mar 21-May 23 5:30- 6:25 PM
53315	Thu	Mar 22-May 24 4:30- 5:25 PM
53331	Thu	Mar 22-May 24 4:30- 5:25 PM
Fees:	\$80.00	(\$105.00 Non-county resident)
53316	Fri	Mar 16-May 18 4:30- 5:25 PM
53317	Sat	Mar 17-May 19 12:45- 1:40 PM

#### Girls Gymnastics - Level 2 - age 6+

For girls ages 6 and over. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skills include handstands and cartwheels on floor, leaps, jumps, and locomotor movements on balance beam, back hip circles on uneven bars, and running & board drills on vault.

Fees:	\$90.00	(\$115.00 Non-county resident)
53308	Tue	Mar 20-May 22 6:30- 7:25 PM
53328	Tue	Mar 20-May 22 6:30- 7:25 PM
53309	Thu	Mar 22-May 24 5:30- 6:25 PM
Fees:	\$80.00	(\$105.00 Non-county resident)
53310	Sat	Mar 17-May 19 1:45- 2:40 PM

#### Girls Gymnastics - Level 2 - age 9+

For girls ages 9 and older. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues beginner level skills on all pieces of apparatus. Skills include handstands and cartwheels on floor, leaps, jumps, and locomotor movements on balance beam, back hip circles on uneven bars, and running & board drills on vault.

Fees:	\$90.00	(\$115.00 Nor	n-county resident)
53333	Wed	Mar 21-May 23	6:30- 7:25 PM
53318	Thu	Mar 22-May 24	6:30- 7:25 PM

### Girls Gymnastics - Level 3 - ages 6+

For girls ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class introduces higher beginner and intermediate level skills on all pieces of apparatus. Skills include round-offs and walkovers on floor, mounts, dismounts, and turns on balance beam, sole circles and squat ons on uneven bars, and body position drills on vault.

Fees:	\$90.00	(\$115.00 Non-county resident)
53319	Mon	Mar 19-May 21 6:30- 7:25 PM
53332	Tue	Mar 20-May 22 5:30- 6:25 PM
53320	Wed	Mar 21-May 23 4:30- 5:25 PM
53321	Thu	Mar 22-May 24 5:30- 6:25 PM
Fees:	\$80.00	(\$105.00 Non-county resident)
53322	Fri	Mar 16-May 18 5:30- 6:25 PM
53323	Sat	Mar 17-May 19 10:15-11:10 AM

### Girls Gymnastics Level 4 age 6+

For girls ages 6 and up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class continues intermediate level skills on all pieces of apparatus. Skills include walkovers & handsprings on floor, leaps, jumps, & turns on balance beam, front hip circles on uneven bars, and body position drills on vault.

Fees: \$96.00 (\$121.00 Non-county resident) 53326 Sat Mar 17-May 19 1:15- 2:45 PM

#### Girls Gymnastics - Level 4/5/6 - age 6+

For girls ages 6 & older. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. The class combines intermediate level skills and introduces advanced level skills on all apparatus. Skills include handsprings on floor, leaps, turns, and cartwheels on beam, front hips circles and glide kips on bars, and handsprings on vault.

#### 2-hour class

Fees:	\$126.00	0 (\$151.00 Non-county resident)
53324	Mon	Mar 19-May 21 6:30-8:25 PM
53334	Tue	Mar 20-May 22 5:30- 7:25 PM

#### 1 1/2-hour class

Fees:	\$108.0	00 (\$133.00 N	on-county resident)
53325	Thu	Mar 22-May 24	5:30- 6:55 PM

#### **CHEER GYM CLASSES**

### Cheer Gym - Beginner - ages 6-8

For boys and girls age 6-8. This class focuses on the beginning tumbling skills and jumps used in cheerleading. Students also work on balance and jumping & landing from heights.

Fees: \$90.00 (\$115.00 Non-county resident) 53257 Tue Mar 20-May 22 5:30- 6:25 PM

#### Cheer Gym - Beginner - ages 6+

For boys and girls age 6 and up. This class focuses on the beginning tumbling skills and jumps used in cheerleading. Students also work on balance and jumping & landing from heights.

**Fees:** \$90.00 (\$115.00 Non-county resident) 53256 Wed Mar 21-May 23 4:30- 5:25 PM

#### Cheer Gym - Beginner - age 9+

For boys and girls age 9 and up. This class focuses on beginning tumbling skills and jumps used in cheerleading. Students also work on balance and jumping & landing from heights.

Fees:	\$90.00	(\$115.00 Non-county resident)
53254	Tue	Mar 20-May 22 6:30- 7:25 PM
53255	Wed	Mar 21-May 23 5:30-6:25 PM

# Cheer Gym - Intermediate - age 6+

For boys and girls ages 6 & up. Students must have passed the requirements of the previous level or been evaluated for this level if new to the program. This class focuses on intermediate tumbling skills and jumps used in cheerleading. Students also work on balance and jumping & landing from heights.

**Fees:** \$90.00 (\$115.00 Non-county resident) 53259 Thu Mar 22-May 24 7:00-7:55 PM